



Home Study Guide



Choose how you want to learn...

What's great about HerbMentor is that you can use it as a casual learning tool, a place to just chat with other herbal learners, or use it as a structured home study course.

The Home Study Guide, which is a PDF you download and print, acts as a blueprint for using all the tools on HerbMentor together in a comprehensive package.

Every part of HerbMentor was carefully designed to be an important piece of our herbal learning puzzle. The **Study Guide Overview** reminds you to every month to put those pieces together... such as making a remedy with the Featured Herb, journaling that herb, listening to HerbMentor radio, participating in the Forum, and being part of the Monthly Call-in.

If you really want to get into this and JUST do the studies and do not connect with other people or other herbalists, then you are missing a huge part of the picture... so this guide is a really simple and handy way to stay fully involved.

I would recommend all new members download and at least read over this guide. Whether you

choose to follow it every month, follow part of it, or never look at it again, you'll get a good sense of how HerbMentor works.

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