



About



John and Kimberly Gallagher started [LearningHerbs.com](https://www.learningherbs.com) in 2005 to show people how simple it was to treat yourself naturally with herbs and good food. They created the *Herbal Medicine Making Kit* as well as *Wildcraft! An Herbal Adventure Game*. Now, they are proud to introduce HerbMentor to the world.

HerbMentor is NOT about John and Kimberly mentoring you. **HerbMentor about a community of herbal learners of all experience levels joining together to help each other deepen relationships with the plants and our health.** Consider John and Kimberly your hosts.

Where many herbal courses eventually come to an end, HerbMentor keeps you growing with ongoing inspiration and education.

We are not an herbal certification or professional training program. Our mission is to provide ongoing herbal experiences, so you can forge better relationships with and deeper knowledge of the herbs and nature. We hope to help people re-connect with their own inner nature, voice and wisdom.

John Gallagher, L.Ac., CCH is a Community Centered Herbalist. He is also a licensed five element acupuncturist with Cascade Acupuncture in Redmond, WA. Since 1991, he has worked at Wilderness Awareness School, where he teaches herbal studies with the Residential Program. Some of John mentors include EagleSong and Sally King at RavenCroft Garden, Karen Sherwood, Erin Groh, and Jon Young.

John helped create the *Kamana Naturalist Training Program*, Wilderness Awareness School's home study program that has reached thousands worldwide. He has spent over 18 years mentoring people in reconnecting with nature. John also spent all those years steeped in Wilderness Awareness School's *Art of Mentoring* curriculum and is an expert in mentoring long distance. He has created all the websites in the LearningHerbs.com family.

Other things he has done include recording a cd of his music, starting a theater company, directing plays, working at a PBS station, being a radio dj, playing in a folk band, and BEST of all, being a dad to two awesome kids. Though he has spent 13 years in Seattle, his roots run deep in the heart of Jersey.

Kimberly Gallagher, M.Ed., CCH is a Community Centered Herbalist and creator of *Wildcraft!, An Herbal Adventure Game*. Like John, she also trained at RavenCroft Garden. In addition to using herbs, she brings herbal nourishment daily to our family's diet.

Kimberly is a certified teacher and has extensive training in non-violent communication and conflict resolution. She homeschools Rowan and Hailey. Her Masters in Education is from Antioch University in Seattle. Kimberly taught at alternative schools in the Puget Sound region. She was born in Indiana, grew up in Phoenix, and has lived in the Seattle area for over 17 years.



Rosalee de la Foret is a clinical herbalist and Structural Medicine Specialist who lives on the edge of the wilderness in the Northeastern Cascadian Mountains of Washington State. She contributes regularly to HerbMentor.com where she enjoys answering questions in the community forums and providing herbal education through ebooks, articles, videos and photography.

As part of her private practice Rosalee sees clients at her office in Twisp, WA for Structural Medicine sessions as well as Herbal Health Consultations. She also offers Herbal Health Consultations by phone. To learn more about Rosalee and the services she offers you can visit her website at www.Rosalee.info.